# THE FIVE BEHAVIORS OF A COHESIVE TEAM®

# **Comparison Report**

Based on *The New York Times* best-selling book *The Five Dysfunctions of a Team* by Patrick Lencioni



## For Kathryn Petersen

Working with Martin Gilmore

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This report is provided by: ISLE OF INNOVATION LTD LONDON - UK

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## Introduction



A cohesive team needs to master five behaviors: building trust, mastering conflict, achieving commitment, embracing accountability, and focusing on results. Accomplishing all of this takes more than just understanding the concepts—team members need to have a meaningful understanding of themselves and their peers.

Since the team is made up of individuals, one-on-one relationships can have a big impact on the team as a whole. This report is designed to help you better understand Martin and give the two of you the tools to build a more effective working relationship. All of the information is derived from the responses you and Martin gave on your Five Behaviors of a Cohesive Team® assessments. Before you begin, take a look at the overview of the five behaviors below:

#### **Trust One Another**

When team members are genuinely transparent and honest with one another, they are able to build vulnerability-based trust.

## **Engage in Conflict Around Ideas**

When there is trust, team members are able to engage in unfiltered, constructive debate of ideas.

#### **Commit to Decisions**

When team members are able to offer opinions and debate ideas, they will be more likely to commit to decisions.

#### **Hold One Another Accountable**

When everyone is committed to a clear plan of action, they will be more willing to hold one another accountable.

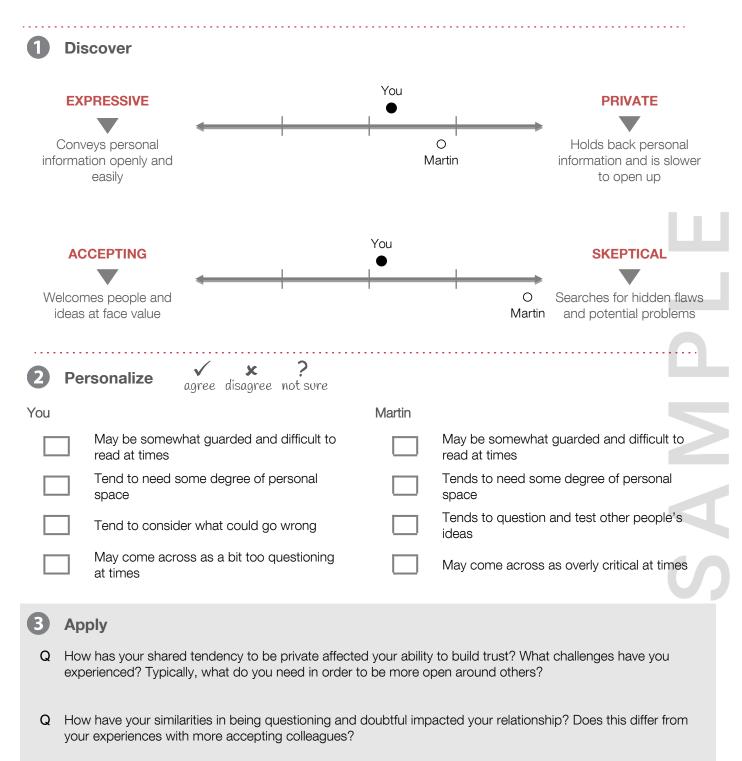
## **Focus on Achieving Collective Results**

The ultimate goal of building greater trust, productive conflict, commitment, and accountability is one thing: the achievement of results.

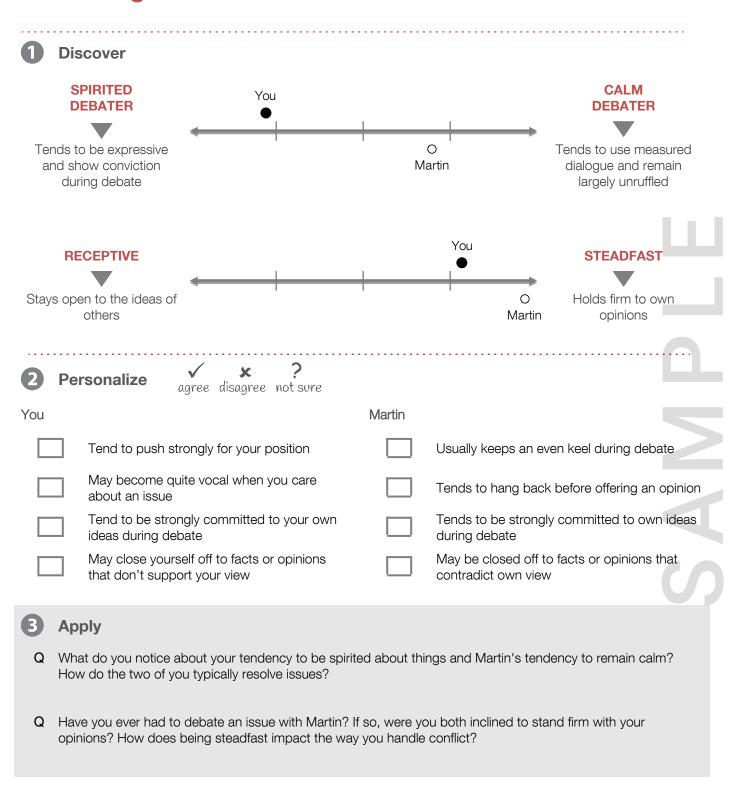




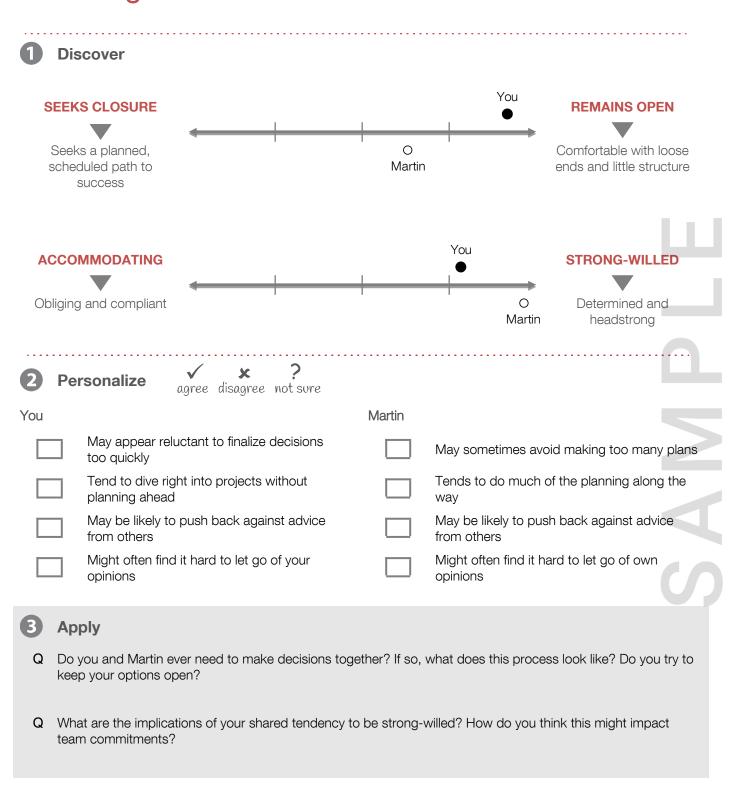




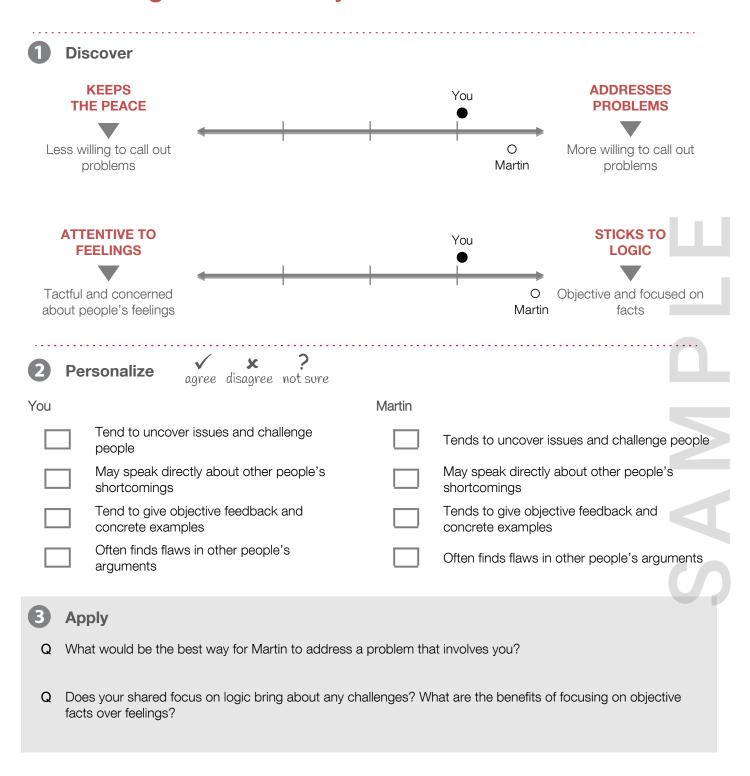
## **Mastering Conflict**



# **Achieving Commitment**

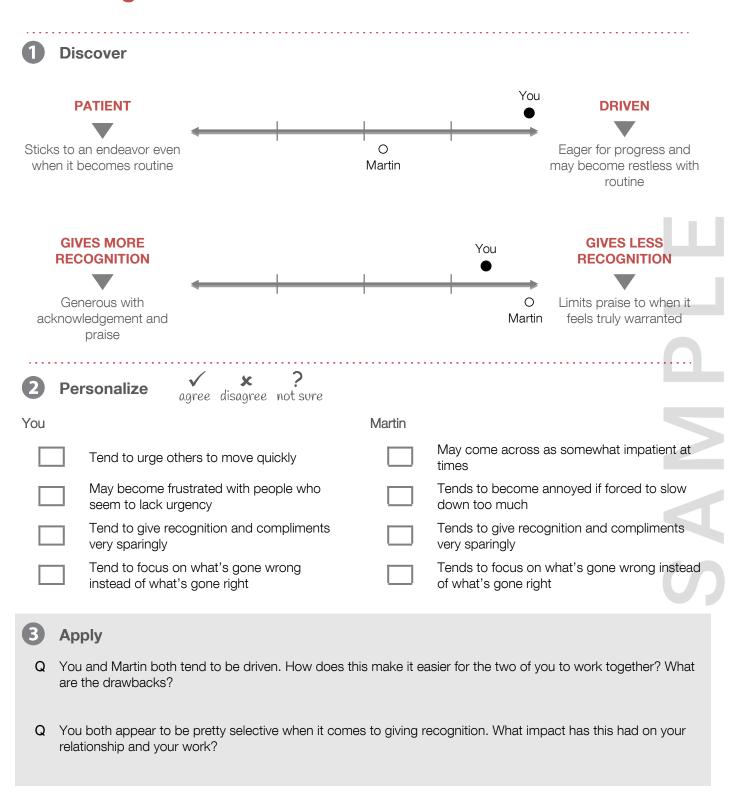


# **Embracing Accountability**





## Focusing on Results



## More Similarities and Differences

Kathryn, this page includes some additional information about you and Martin, including some of your similarities, differences, and ways that the two of you have the potential to complement each other.

## **Your Greatest Similarities**



#### You and Martin

- Are steadfast with your opinions
- Tend to be strong-willed
- Enjoy working alone
- Are frank
- Are skeptical

## **Your Greatest Differences**



#### You

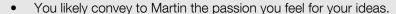
- Tend to take risks
- Don't mind being aggressive
- Show more emotional support
- Tend to challenge people
- Are forceful

#### Martin

- Tends to avoid risk
- Dislikes having to be aggressive
- Shows less emotional support
- Tends not to challenge people
- Is soft-spoken

## How can you complement each other?





- Neither of you expects a lot of recognition or praise from the other.
- Martin will join your efforts to convey a sense of urgency and push for immediate results.
- Martin respects your need for personal space.



# Summary and Action Plan

Read through the suggested tips and use the extra space for your notes or reflections.

Traits	Tips	Action Taken
From Trust		
You're somewhat private.  Martin is somewhat private.	<ul> <li>Make an effort to ask questions to help Martin open up.</li> </ul>	
You're somewhat skeptical. Martin is very skeptical.	Clarify Martin's intentions before jumping to conclusions.	
From Conflict		
You're a very spirited debater.  Martin is a somewhat calm debater.	Refrain from pushing Martin to accept your ideas.	
You're very steadfast. Martin is very steadfast.	<ul> <li>Avoid getting into a power struggle over whose idea will prevail.</li> </ul>	
From Commitment		
You're very likely to remain open.  Martin is somewhat likely to remain open.	<ul> <li>Set a reasonable timeline for making decisions together and stick to it.</li> </ul>	
You're very strong-willed.  Martin is very strong-willed.	Evaluate your differences in a constructive way, like listing pros and cons.	
From Accountability		
You're very likely to address problems.  Martin is very likely to address problems.	<ul> <li>Regularly and explicitly discuss expectations before problems arise.</li> </ul>	
You're very likely to stick to logic. Martin is very likely to stick to logic.	State your concerns objectively, but also give Martin a turn.	
From Results		
You're very driven. Martin is somewhat driven.	Identify situations where a bit more patience could pay off.	
You're very unlikely to give recognition.  Martin is very unlikely to give recognition.	Build recognition into your plans.	
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